

Due to the current COVID-19 pandemic, please be aware that we will be administering strict new health and safety protocols, and modifying on and off court formats and schedules. All information is subject to change due to constantly evolving CDC, national, state and local guidelines.

JUNIOR TENNIS PROGRAMS Polo Tennis Club



2021 Summer Sessions

1: June 5th-July 1st | 2: July 10th-August 5th

(4 week sessions)

Red Ball Pre-Rally (ages 5-6) Thursdays 5:15-6:00pm, Saturdays 9:15-10:00am

Red Ball Pre-Rally introduces young players to fundamental physical reactions and behaviors to become independent in the rally. Players will practice coordination, agility, and spatial awareness while learning to work with a partner. Students will also be exposed to basic rally management such as “in” and “out” and first steps in being a good sport.

Members: 1 Day/Week: \$68/session, 2 Days/Week: \$136 | Non-Members: 1 Day/Week: \$136/session, 2 Days/Week: \$184

Red Ball Rally (ages 7-9) Thursdays 6:00-7:00pm, Saturdays 10:00-11:00am

Red Ball Rally Ready builds on the fundamental reactions in the pre-rally class to strengthen independent rallying a point construction. Students will learn cooperative practicing, basic swing paths, and conceptual ideas such as hitting to the open space and recovering to the center. In addition to execution, students will grow their vocabulary through “deuce,” “ad,” “let,” “serve,” and “return.” Players in this stage will be able to access play opportunities both in-house and in seasonal local leagues.

Members: 1 Day/Week: \$68/session, 2 Days/Week: \$136 | Non-Members: 1 Day/Week: \$136/session, 2 Days/Week: \$184

Orange Ball (ages 7-11) Wednesdays 5:30-7:00pm, Saturdays 11:00am-12:30pm

Orange Ball requires rallying competency from the red ball stage such as recognizing open court, using a consistent ready position, and recovering after hitting. In this stage, players will become more understanding of grips and spin creation as well as moving forward to take balls out of the air. Each class will also have a greater degree of athletic skill set building and highlight the 7 qualities of a champion. Players in this level will be exposed to in-house play, local leagues, and USTA tournaments.

Members: 1 Day/Week: \$100/session, 2 Days/Week: \$200 | Non-Members: 1 Day/Week: \$140/session, 2 Days/Week: \$280

Green Ball (ages 7-14) Tuesdays 5:30-7:00pm, Saturdays 11:00am-12:30pm

Green Ball players have a fundamentally strong skill set with near complete competency of grips and spins. Players should be thinking of the tennis court in height, width, and depth as well as learning when to speed up and slow down the pace of play. Green ball players will explore how to use their strengths to dictate the rally and finish the point. Each class will also have a greater degree of athletic skill set building and highlight the 7 qualities of a champion. Players in this level will be exposed to in-house play, local leagues, and USTA tournaments.

Members: 1 Day/Week: \$100/session, 2 Days/Week: \$200 | Non-Members: 1 Day/Week: \$140/session, 2 Days/Week: \$280

Intro to Tennis (Beginners 10+) Thursdays 7:00-8:00pm, Saturdays 12:30-1:30pm

Intro to Tennis is a class for our entrants to the game in the teen and pre-teen years. Players will be given immediate rally skills to begin independent play in their first class. Players will be exposed to basic tennis terminology to be able to play outside of class and grow their game. The educational environment will use both red and orange balls to encourage the rally. Players will be invited to in-house play opportunities and make their own relationship to the sport.

Members: 1 Day/Week: \$68/session, 2 Days/Week: \$136 | Non-Members: 1 Day/Week: \$136/session, 2 Days/Week: \$184

- Summer sessions 4-weeks long (standard 5 weeks during school year)
- Customizable schedules permitted with advanced notice (summer policy only)
- Offerings are trimmed down during the week to accommodate morning camps
- Shift in evening times (from school year times) to accommodate summer heat



For more information or to register, please contact Mike MacVay
at 512-829-4340 or mike@polotennisclub.com

